

Name:

email: phcc@hawaii.edu www.ahec.hawaii.edu/phcc/

No.	FIRST STEPS	✓
1	Sign-up for PHCC	
2	Attend ONE AHEC Information Night Orientation	
3	Submit forms - Appendix 07 - Consent Waiver Release and Indemnity - Pre-Health Career Corps Agreement for Adults	
4	Read <u>"The Hawaii Health Career Navigator" and "Hawaii</u> <u>Health Career Navigator Student Companion"</u>	
5	Read the monthly newsletters from your emails and find new opportunities (workshops, meetings, volunteer, etc.)	
6	Sign-up for a workshop	
7	Attend the workshop	
8	Follow us on Instagram to get the latest updates - <u>@hawaiipacificahec</u> - <u>@hawaiiphcc</u>	
9	OPTIONAL: Other <u>PHCC Support</u> Resume/Cover Letter Building Research Opportunities Pre-Health Advising Personal Statement Review Mock Interviews Mentorship/Shadowing Discounted MCAT Test Prep	